



Rogue Way to Health

Luncheon Donations Help People Achieve Healthier Lives

It's not just about transforming healthcare to improve health, it's about people. We are learning how lifestyle plays a much bigger part in determining a person's overall health according to William North. In 2016, William North, CEO, announced the Rogue Challenge, a collaborative of now 17 organizations working together to improve access to essential resources to help improve people's health and lifestyle. That's right in line with what keynote speaker, Patrick Allen, Director of Oregon Health Authority, presented at this year's luncheon. Patrick shared that Oregon is working toward the Triple Aim – better health, better care, lower costs – and that we have made some progress. While more people have insurance, says Allen, the cost of health care is still too much and about six percent of the state's residents remain uninsured. To help control costs, Oregon is setting a 3.4 percent growth target on healthcare spending and in order to accomplish this target, Oregon will need to increase efficiency, improve value and decrease administrative costs. Accomplishing this could save \$29 billion between 2018 and 2027. It's a big challenge and Oregon will need organizations like Rogue Community Health to help accomplish the goal. "It's a goal that is both challenging and doable," says CEO William North. In doing our part of healthcare transformation, North says that about 3,000 patients are screened monthly at Rogue Community Health clinics to learn how



we can best help them with all aspects of their lives. About 25 percent of those screened demonstrate a lifestyle need, like housing, food or income. These are examples of real lifestyle situations that impact health, explained North.

It was KOBI President, Patsy Smullin, who started the luncheon hour by welcoming guests and inviting

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everyone to join her as an investor in the health of our community. A little over \$61,000 was raised during the one-hour event to help uninsured and underinsured people seen at Rogue Community Health access essential resources to improve their health and lifestyle by focusing on those factors that impact their daily lives. Special thanks to presenting sponsors AllCare Health Plan, Jackson Care Connect, and Primary Health and to all of our sponsors for their support of the Rogue Way to Health, on behalf of the patients who benefit most.

As the hour concluded, the value of getting assistance with making a positive change was shared in a video testimonial from patient, Jeremiha. Jeremiha started using drugs at the young age of nine due to exposure through family members. His drug use continued until his wife told him he needed to make a change or else she was leaving. Jeremiha knocked on many assistance doors, but it wasn't until he found Rogue Community Health that the right "combination" of assistance was discovered. Jeremiha has been clean for over a year now. He credits Rogue Community Health for saving his life. His message to others is to keep trying, and to ask Rogue Community Health for assistance and they will be there for you.

Taking AIM at Mental Health and Substance Use

The demand for behavioral health and substance use services has tripled at Rogue Community Health since the program expanded in 2017. There are about 1.33 mental health providers per 1,000 patients in Oregon and in southern Oregon; that equates to about 290 patients for every one provider. Located on the Interstate-Five corridor, Jackson County is one of eight Oregon counties listed as a HIDTA, a High Intensity Drug Trafficking Area. That makes southern Oregon more susceptible to drug use and contributes to the need for behavioral health and drug use treatment services. A \$175,000 federal grant received in fall of 2018 helped Rogue to expand program services.

Rogue Community Health's team sees adults, teens, children and families for psychiatric diagnostic evaluations, depression, anxiety, suicide prevention, substance use treatment as well as behavioral health group and individual counseling. Appointments can be made by calling (541) 500-0977.

Dental Program Receives \$300,000 Grant to Upgrade Equipment

Rogue Community Health's (RCH) dental clinic located at 906 Royal Ave., Medford, is the recipient of a \$300,000 HRSA (Health Resources and Services Administration) grant to upgrade dental chairs, x-ray and other equipment. RCH began offering dental services in 2016 at the Butte Falls clinic location and expanded to Medford in 2017. RCH also operates a preventive dental program for children in Jackson County School District 9 (Eagle Point) as well as in Prospect and Butte Falls schools that is funded in part by the Reed and Carolee Walker Fund of the Oregon Community Foundation and a Carrico Family Foundation grant. For more information on dental services at RCH, please call 541-500-0959.

Contract Focuses on Performance

Rogue Community Health (RCH) has signed a value-based pay (VBP) shared savings and risk contract with CareOregon/Jackson Care Connect (JCC) in Jackson County. VBP focuses on aligning partners, such as Rogue Community Health and Jackson Care Connect, to improve patient experience, quality of care and health outcomes. This means payment model changes in how care is delivered and coordinated at Rogue Community Health with the goal of reducing ER visits, improving quality, and reducing the total cost of health care services.



Rogue Welcomes Local Providers Matz and Kordus

Local providers Paul D. Matz, MD, and Michael Kordus, MD, have joined the medical team at Rogue. Dr. Matz has over 41 years of diverse medical experience. He says he is a family doctor at heart, treating all types of medical concerns. Dr. Kordus has 15 years experience as an ER physician before moving to Oregon in 2015 to work for a local medical practice. Dr. Kordus is excited about the opportunity to help Rogue's patients stay healthy and active.



Paul D. Matz, MD

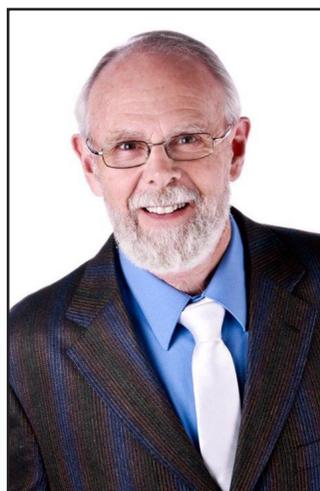


Michael Kordus, MD

Both doctors are accepting new patients and can be reached at 541-773-3863.

Southworth Receives Forsyth Award

Dr. William Southworth received a standing ovation when it was announced at the 2019 Rogue Way to Health Luncheon that he was the recipient of the 2019 John Forsyth Community Health Award. Dr. Southworth has been a medical provider in southern Oregon most of his career. He has volunteered as a medical provider, a board member and as an advocate for a healthy community. He most recently volunteered on Rogue Community Health's Quality Committee.



William Southworth, MD



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Your Donation Does Make A Difference

The holiday season is upon us and so is the season of giving. Changes to how charitable donations are handled took effect with the Tax Cuts and Jobs Act of 2018, but it didn't change the need for donations experienced by nonprofits as they work to improve people's lives. At Rogue Community Health, we need the support of our donors more than ever. It's our friends and neighbors who live above 138 percent of the Federal Poverty Level who need our help. They do not qualify for Oregon Health Plan, yet their income level does not always provide extra income to purchase insurance, even at a discount. That's where Rogue makes a difference. We help people of all ages and backgrounds, regardless of insurance status or ability to pay. In 2018, 20 percent of the patients seen were uninsured and a greater number were underinsured by high deductibles. Cost has always been a barrier for people seeking healthcare services. This holiday season, we ask that you consider a gift that contributes to the health of our community. Discover the Rogue Way to Health.



To make a charitable donation to Rogue Community Health, call **541.842.7711** or go to our website at: **www.RogueCommunityHealth.org/donate**